



Consider every angle™

Safety Bulletin

3/17/2020

CORONAVIRUS 2019 (COVID-19) Update



DO THE FIVE

Help Stop COVID-19

1. **HANDS** Wash them often
2. **ELBOW** Cough into it
3. **FACE** Don't touch it
4. **FEET** Avoid close contact with the sick
5. **FEEL** sick? Stay home

Handwashing



1. Remember faucet controls could be contaminated. Try to avoid touching the sink.
2. Turn water on using paper towel and then wet your hands and wrists.
3. Apply soap and vigorously rub together all surfaces of your lathered hands. Friction helps remove dirt and micro-organisms.
4. Wash around and under your rings, cuticles and fingernails.
5. Rinse your hands thoroughly under a stream of water. Water carries away dirt and debris.
6. Point fingers downward to prevent contamination by water dripping up towards your elbow.
7. Dry hands completely with clean, dry paper towel.
8. Use a paper towel to turn off the faucet.
9. If soap and water are not available, use sanitizer with a minimum 60% alcohol content.

Keeping the workplace safe

Encourage employees to:



- ⇒ Use noncontact methods of greeting—stop handshaking
- ⇒ Wash hands regularly or even scheduled
- ⇒ Disinfect surfaces like doorknobs, tables, handrails regularly
- ⇒ Bring your own filled water source, bottle or jug, to work
- ⇒ Do not share pens, pencils and other readily available items
- ⇒ Be prepared for additional directives, as new information becomes available
- ⇒ Be kind and compassionate to your fellow workers, as we are all in this together